The rule about physical fitness is now merely an ideal and, similarly, 643 762 731
ritual suicide is not conceived to have any relation to the welfare of the country. People do not say that the country will suffer if the physical powers of the queen fail. But ritual suicide does elevate the queen to a divinity; only by her act, not because of susceptibility to the weaknesses of man, can she die. Age neither increases nor decreases her powers. She is the 'soil'; her death 'heals' or 'dries up' the soil in the double sense of defiling it (as twins do) and scorching it (as the sun does); and as they phrase it, the 'country dies with its owner'. Consequently, after the queen's death, famines come, cattle and people succumb, and many flee the country. When Mujaji II committed suicide in 1894, there followed the *matshɔna*, the three years of unprecedented drought and pests, during which, according to contemporary European observers, practically all the cattle and a third of the population died. After the death of Mugɔdɔ, likewise, there was a great famine. The only other famine vividly recorded by tradition was during the reign of a chief who, being a usurper, was unable to make rain. Though the death of a chief presages death of the country, there is no great hurry to appoint a new queen. To the unfolding of a plan that guarantees abundance, immediate needs, even the need for the life-giving rain, must be subordinated.

For an account of succession to the throne we have to rely upon the 643 762
memories of men who were adults forty-five years ago. The practical and the ideal are confused in their minds. The generalized account we give is thus not specifically related to the death of Mujaji II unless otherwise indicated. Shortly before her death, the queen calls together her great men, sits silently looking at them for a while, and then retires to her hut. She will not see again the young boys who have gone to the *vudiga*. Long before this, Mujaji II and her inner 'council' had named the daughter of Leakhali, who was her 'sister' and great wife, as successor; she had driven both mother and daughter with their brothers from the country, but was secretly receiving and instructing the daughter. None but a small circle of close relatives knew of these arrangements; and a little later she took poison (*khitaba*) [378] in which the fatal ingredients are said to be the brain and spinal cord of the crocodile. There is a rule that the killer of a crocodile is for ever debarred from entering the capital, a prohibition patterned [784] upon the taboos against bringing into a village the wood of trees with which shrines and protective charms (*dithugula*) are made, for these trees 'reveal', and so render useless, what they create. The poison is not conceived to kill instantaneously; the queen dies in the presence of those who know the secrets, but the death is not made public. Those who pass the royal hut still greet her; even cases are still submitted as if for her final decision. Deception of the people is the aim emphasized in descriptions and in phraseology. In the old days many cattle were killed 'to deceive the people', but neither this killing, which provided at least for the funeral feast and the skin for the dead body, nor the other arrangements, had this function only. The spirit of the deceased continues, as it were, to preside over the country and no one could take over the reins 643 766 of government.

The body decomposes, it is ritually rubbed (*hu fɔrɔla*) to remove skin 789

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and dirt for the vital ingredient of the rain medicine, and after a while close relatives secretly dig a grave at Maulwi, the place where to-day the sacred drums are also kept. The grave is deep, for the queen must stand upright, 'taking care' of her country, and facing to the north, whence her ancestors came. The body is wrapped in a greenish-black cloth, a portion still of what was brought from the north, and over it is wound the skin of an ox. The hearse proceeds from the village secretly at night, and, as the great must rest, the bearers stop every few yards. Sacred beads, a calabash of water, a firebrand, the grains upon which people live and (in the old days) the body of a man, the 'mat' of the chief, are interred with the queen. The calabash and firebrand, used also to expel a usurper, provide the essentials for the 'journey' to be undertaken. A slab of stone covers the mouth of the grave and facilitates the re-opening whenever rain medicine (*mufugo*) is to be poured into it. The grave is not all at once filled up with soil; it is guarded against enemies, who might destroy the country with the medicine the body provides; and it is said that a wooden structure, on which the watchers sleep, is built over the grave. The soil at last reaches the neck, but the head must be left uncovered for perhaps six months, until it has completely decomposed.

A year later the district heads are assembled at the capital, the death is announced and the drum beaten, and people shave their heads. It is said that foreigners entered the country at the peril of life and belongings. When the hair has grown and the mourning period ends, all fires in the country are put out. This same fire-rite figures, as far as a district is concerned, at the installation of its head, and as far as the whole country is concerned, when all-pervasive impediments to rain are removed. It essentially consists—we have described it briefly in Chapter XV—of putting out fires with medicine (*mufugo*) by boys who receive the medicine at the capital, and of a chain of payments, by the women to the married men for the firebrand obtained from the *khɔrɔ* to re-light their fires, by the men to the boys for their services in the rite, and by the boys to the official keeper of the *mufugo* at the capital. Two distinctive patterns are explicit in this rite: fire in its aspect of a valuable commodity and as almost the prerogative of the chief, to whom his subjects must pay a royal 'fire tax'; and fire in its aspect of giving out deleterious 'heat', which must be counteracted by 'cooling' with *mufugo* (*hu fuga*, to blow upon by a cool breeze, to sprinkle with 'cooling' medicine).

Fire also belongs to a third pattern which links it up with crises or great changes, ritualizes its value, and uses it to extinguish an evil or to purify a state of defilement. In their present cultural connotation among the Lovedu, these three patterns are implicit in the nature of fire, but they do not always merge in ritual situations, and, as far as the evidence of the cultures of the Northern Transvaal go, they belong to different cultural configurations. This evidence seems to indicate that the 'royal tax', through which authority is asserted and acknowledged, came from the Karanga, that the association with purification and 'transitions' was borrowed from the old Sotho, and that the conception of 'heat' as the antithesis of health of body and well-being of the country, was contributed by a wider and less easily determinable culture substratum. The

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753 after the funeral. *Makhuma* also affects possessed people who fail to use their powdered medicine with the first-fruits.

Though usually associated with the stomach, the symptoms of *makhuma* are not very definite, diagnosis being chiefly *ex post facto*. If one child has died, any illness its successor might have, even beating of the fontanelle, is liable to be attributed to *makhuma*. After the miscarriage of Madume's wife, Dwagu, a non-related inmate of the same village, did not trouble to be purified when the doctor came; but when, shortly afterwards, his stomach became upset, he immediately attributed it to *makhuma* and hastened to take medicine for its removal.

[787] The conception of *khuma* has been extended into other fields. Divining bones *khuma* at the end of each month as well as when used to divine about a death, and must be washed in medicine before being used again.

[789] Similarly the rain charms of the queen are liable to *khuma* (or *figɛhɛla*) unless given the first-fruits and the first termites of the year to 'bite' (*luma*) before any one else in the royal area eats them, as also when certain people neglect certain observances, such as burial in wet soil of infants dying before their teeth have appeared. *Hu khuma* of the rain charms has serious consequences, causing drought throughout the country. That Christians do not observe these regulations has as little effect on the rain as when Europeans do not conform.

753 826 *Hu fesa*, or the state of being 'hot', is a conception far wider than *muridi* or *makhuma* and is the antithesis of the condition of coolness which is conceived of as healthy, propitious, or right. The properties of this 'heat', which may be caused in a variety of ways, are not unlike physical heat. Bodily illness, even *muridi*, causes the blood to be 'hot' or to be 'boiling' and may be treated by 'cooling' the body: thus the *khitshila* ceremony, which removes the 'dirt' of death, also 'cools' people. The hair of near relatives is shaved with medicine and put in a wet place or in certain kinds of drought-resisting plants. But it is usually the source of the 'heat', not the 'heat' itself, the symptom of the disease, that is treated, though both may be dealt with. The blood of a woman in certain conditions—for example, after an abortion—is said to 'burn', she has (or is) *lesua* (great burning), and the man who has sexual intercourse with her also 'burns', but whether it is because the 'heat' is conducted to him or because of the disease, *ɖɛre* (coughing illness) or urethritis, which he contracts, is by no means clear. The treatment is directed at the disease in him, not towards counteracting the 'heat'. Often after steaming a patient, a river stone is pressed against all joints of the body and then taken back to the river, a treatment in which we may discern an attempt to 'cool', though it also contains the conception of 'throwing out'.

821 766 Since heat withers the vegetation and causes drought, it is opposed to rain. Precautions must therefore be taken against whatever is thought to cause the country to be hot and dry. A man succumbing to *ɖɛre*, a person struck by lightning, a woman dying in childbirth, and the foetus of a miscarriage—all these must be buried in wet soil or with rain medicine if the country is to be kept 'cool' and the rains are to fall. Coolness connotes rightness. Charms protecting the village against witches are

754 sometimes called *mashɔthɔjɔ*, because they *rɔthɔja* (cause to be cool,

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area ate termites before the *bulane* of the head. An inquiry was held by the district head and four men were fined two goats each. They were told that, if their case had come before the queen herself, they would have had to pay a head of cattle. Only the few sub-areas under the immediate jurisdiction of the queen herself send termites to the queen; in other areas they send to their own head, and there is no rule that the queen's own rain-charms should be given before others.

The powers of the queen to make rain are not absolute. The queen can control rain only 'in agreement with her ancestors' who are able, if they wish, to stay her hand just as she herself is able to stay the hands of rain-doctors. There are also certain things that, by causing the rain charms to become 'weak' (*fighula*), have power to stop the rain unless proper measures are taken. It has already been shown how heat is associated with illness and things being wrong. If a person has been burned to death or struck by lightning, he must be buried in a wet place near the river or his grave 'cooled' with special medicine obtained from the chief, lest drought ensues. Similarly, abortions or miscarriages, women dying in pregnancy or childbirth, twins killed at birth, babies dying before cutting their teeth or cutting the upper teeth before the lower, initiates dying in the circumcision lodge—all must be buried in a wet place.

Since an electrical storm often means little or no rain, it is believed that 'sending' lightning to kill one's enemies, a common practice of witches, spoils the country by preventing rain. Hence at a tribal gathering (*khivijo*), held in the spring of 1937–8, the people were told among other things that the chief does not want to see 'lightning of people' (as opposed to natural lightning); any district head hearing of anything like this among his people was to report at once to the queen. A common phenomenon in time of drought is the banking up of heavy rain clouds with all the promise of a soaking rain, only to be dispersed by wind. Anything associated with winds is thus thought to prevent rain. That is why witches, by hanging *lefalaja-maru*—literally, 'disperser of the clouds' (*Asparagus plumosis*)—or an ordinary broom on a branch where it will sway in the air, can disperse the clouds; and any one dying of a coughing disease, such as *ɖɛre* or consumption, must be buried in wet soil or soil that has been sprinkled with *mufugo* medicine. If abortions or people dying of a coughing disease are buried without these precautions, the grave is called *pukudi* (from *hu pukula*, which perhaps is the opposite of *hu fuga*, to blow upon by a cool breeze, to sprinkle with cooling medicine). *Pukudi* contains the conception of wind issuing upwards or hot air quivering above a heated surface. As soon as the vapour-laden air reaches the grave, it stops or dissolves in the wind and it is even believed that the corpse, thrusting up an arm, waves it about to cause the wind that drives away the rain.

How dangerous wind is considered to be in setting at naught the efforts of the queen was well illustrated on November 15th, 1937. On that day, after propitious black clouds had been dispersed by a gale that lifted the thatch off many a hut, it was proclaimed that the following day had to be a holiday. People said, '*Gi khumula*' (it is a 'turning back' before the goal

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821 has been reached), and we were told that in the old days men of import-
527 ance used to come and condole with (*hu cmcla*) the chief on such a day, as though to sympathize with her in the frustration of her efforts. There are other holidays associated with rain. On the day after the first rain of the season has fallen no hoeing or fieldwork is to be done. Such a holiday is called *le-nkhi-nteme* (do not cut me), as if the earth, believed still to be hot, dislikes being broken up by the hoeing. Such a holiday is also observed after the rain charms have 'bitten' the new termites and first-fruits of the year and when, any time during the summer, rain falls after two of three weeks drought, it is called *muene* (guest or stranger) and the next day observed as a holiday, for one honours a guest.

766 Wrong burials which stop the rain are righted by the use of *mufugo*
821 medicine and the water obtained by squeezing the undigested stomach
789 contents (*muswane*) of a sheep down a hole made in the grave with a stick
842 and reaching the body. This is thought to disperse the 'wind' and cool the grave. The flesh of the sheep is eaten without salt. The conception is thus of a grave agitated by ghostly heat and wind, which may be 'laid' by 'cooling', or, as we might say, calming, in the treble sense often of pacifying [the ghost], modifying [the heat], and causing [the wind] to subside. *Mufugo*, the medicine so important in the removal of impediments to rain, has to be obtained from the queen and a specially appointed person is responsible for doling it out in bottles when needed. The office is not conceived to be hereditary, but it has been held by a Mudiga family for some time, being handed down by father to son. When the last official in charge of *mufugo* died, his son was an unmarried man too young for the responsibility of office. Some five years later (1938), when the queen decided that he should assume charge, he protested his youth, though he then had two children, fearing that after contact with the medicine he might forget to wash his hands before eating and thus be rendered impotent. In this he had the full support of his mother, who prevailed upon the queen to allow an older relative to undertake the work provisionally; but the present position is that, should this old man be away, the heir to the office will have to act. Whether *mufugo* is identical with the rain medicine of the rain-pots is not quite clear; but, whatever its ingredients may be, it is considered extremely dangerous, liable to rob men and women of their fertility, and great care is thus necessary when working with it.

789 Sometimes it is said that 'the country is not right' (*naha a e loge*) and
372 then there is a special ceremony in which all the fires in the country are put out with *mufugo*. No generally recognized set of circumstances lead up to such a line of action, nor is there any idea that the fires are defiled in any way. It is simply looked upon as a method of getting rain when there is drought, resorted to when the divining bones of the doctor declare it to be necessary. People sometimes say, 'Fires are put out to usher in a new year,' but this does not mean that putting out the fires is an annual ceremony, as it is, for instance, among the Pedi. The word 'year' must not be taken literally, just as it does not refer to an abstract period of time in the phrase, 'The year has been infected by *hu khuma*', when what is meant is that the rain charms have 'weakened' (*hu khoma*). In this ceremony

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and the regularity of the seasons are bound up with the life of the chief, but the identification of the earth with the chief in the phrase ' mabu a fesa ' (the earth is hot, burning) which is used by all Lowveld tribes as a euphemism to denote the illness or death of the chief, seems to imply some connexion between the life of the chief and the fertility of the earth. Some such association seems implicit also in the feeling among the Lobedu that the chief should have no physical defect (it is thought to be impossible for the queen to be ill, and the present queen has never had a day's illness) and should lead a secluded life, being seen by and giving audience to royal relatives and the nobility only. So close is the association between the ruler and the land he rules among the Lobedu that the chief may not leave the country or cross its boundaries, a taboo which made it impossible for Modjadji to register her vote at the nearest Native Commissioner's office in the recent elections for the Native Council.

The great power of the chief in the three most important tribes of the Lowveld lies in rain-making. Here we find as in so many other aspects of their culture an intensification of a feature present in modified form in many other tribes, leading to a difference as great or greater than the complete absence of the trait. Many chiefs in South Africa are great rain-makers, and tribes of the Highveld and Sekukuniland share with those of the Lowveld the custom in time of drought of sending young men to ' beat mofoko ' pegs around the country or to put out all the fires in the country and rekindle new ones in each village. But the Lowveld chiefs, especially Modjadji, are the greatest rain-makers of all, recognized in the old days as such by tribes as far south as the Swazi and Zulu, and rain ritual here has characteristic features not found elsewhere. Important among these is the custom of dancing for rain. When the rains do not come at the right time, it is usual for each headman in turn to come to the royal kraal with his followers to *loba* rain by dancing for the chief, and when this does not help the women come as a last resort to do a special dance which is so exacting and causes so much crying on the part of small babies, who have to go hungry while their mothers dance, that it is believed the chief must be moved by it. This custom, still practised by the Lobedu, has died out elsewhere in the Lowveld, having been last performed among the Khaha in 1911. The belief that twins, mis-

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643 789 766 carriages, abortions, and people dying of any severe coughing illness prevent rain from falling unless specially buried in wet soil is found with variations all over the Lowveld, among Sotho and Shangana-Tonga alike.

643 588 644 [557] Women rulers have their 'wives' just as though they were men, and a peculiar feature of Lobedu culture is the large number of wives or *bathanoni* of the queen. Every Lobedu induna sends a daughter to be a *mothanoni* of the queen, as do also any of the nobility who wish to be on a good footing with her; and these, together with girls sent by foreign tribes as gifts for rain, form a large harem. *Bathanoni* of the chief occupy an honoured position at the Head Kraal, have, on the whole, less work than ordinary women and are a source of honour to their family who through them become privileged to call the queen their *tsetse*—bridegroom or son-in-law. They may be given in marriage to relatives of the queen or to commoners, in which case the peculiar situation arises of their children preferring [557] to call themselves sons and daughters of the queen, using the surname Modjadji, to taking the lineage name of their father. Often, however, the *bathanoni* remain with the queen, the ideal being to remain virgin for some years, after which they are given their own hut in the village and permission to have children. [565] A *mothanoni* of noble birth ranks higher than a commoner and can even bear the heir to the throne when the queen herself is barren. [184] Other Lowveld chiefs do not receive daughters from their headmen, though the Khaha and Letswalo used to accept girls from foreign chiefs for rain as did the Lobedu. These women became a link and source of friendship between the two tribes and, especially among Lobedu, played a real part in the gradual growth and influence of the tribe. Even the great Ngungunyane once sent women to Modjadji for rain, and there are, to-day still, at her head kraal sisters and daughters of important chiefs in the Northern Transvaal, though money and cattle have now been substituted for women in rain transactions.

643 [171] The legal heir to the throne is, in the Lowveld, the eldest son of the chief wife, who should always be the daughter of the chief's mother's brother. The cattle for this marriage are not, as among the Pedi and one or two Highveld tribes, contributed by all the headmen, nor are the fires in the country extinguished on the occasion of the marriage,

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physical imperfections, not susceptible to the ills that befall ordinary men; that she cannot die a natural death but departs only by her own volition; that succession to the throne is uncertain since the choice of a ruler must in the last resort be made by the spirits of the tribe; that though she may not have a husband, lest political control become concentrated in him, yet she must bear the heir by a secret consort (a royal classificatory brother) specially chosen to maintain untarnished the purity of the royal blood; that she ensures the regularity of nature and the changing of the seasons; and, more particularly, that her death dislocates the rhythm of nature, bringing drought and famine, the abrogation of law and order. People today still speak with horror and fear of the years (1894–6) following the death of the previous queen, Majuji II. They were years, as we know from documentary sources, when drought, locusts, rinderpest and, in their wake, unprecedented famine and desolation, wiped out practically all the cattle and perhaps a third of the human population.

The preservation of the queen's sanctity requires that her life be subject to observances which shield her from the public eye and restrain her movements. She is 'the huckster in the hut' (*mushava-ndoni*) who sells her rain-medicines from the seclusion of her abode, and may not move about freely or leave the district of the capital. She was the only chief in the Union who, a few years ago, could not go to the Native Commissioners' Office to exercise the vote of her people in the election of a representative to the Native Representative Council. She cannot attend large assemblies of men, and is generally inaccessible except to her close relatives and great councillors. But otherwise her activities are not restricted, nor is her life a continuous ritual and, unlike other Divine Kings, there are no elaborate safeguards surrounding her every movement.

Tradition decrees that chiefs may have no physical defect, but not that they must die while still young and strong. Ritual suicide of the queen is by Lovedu conceptions not a means of guaranteeing a timely death lest failure of physical powers should upset the regularity of nature, but rather a symbol of her divinity, for it proves that she is not heir to the weaknesses of ordinary man. It is mystically connected with the fourth circumcision school in her reign: she must see the boys going in but not coming back. The Lovedu queen is believed to be immune from disease, but age does not diminish—it even increases—her mystical powers over nature. The only disqualification to rule is inability to make rain in the early period of her reign. Once she has demonstrated, by her ability to make rain, that the rain-charms have been entrusted to her and that she has been divinely chosen, irregularities in the seasons are attributed not to weakness of her powers but to some extraneous factor, such as contraventions of rules associated with keeping the country cool, disobedience to the chief, and the anger of the ancestor spirits.

Arrangements connected with succession of a new queen also emphasize her mystical relations with the cosmic order. The death of her predecessor

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was not announced for a year, while, as the body decomposed, such vital ingredients of the rain-medicine as the skin and body-dirt were carefully collected; after the announcement a period of anarchy often supervened as rival claimants marshalled their armed forces for the struggle for the throne. At the end of this year of mourning all the fires of the country were put out with purificatory rain-medicine (*mufugo*) from the official keeper at the capital.

This fire rite symbolizes purification of the country as well as a transition from one order to another. At any time when the country is not right (*naha a e loge*), as when there is severe drought, the fires are put out 'to usher in a new year' (i.e. a new order or period of operative forces). But the fire rite also symbolizes the means through which the allegiance of subjects and the authority of the queen are asserted. Finally, the beating out of the fires with cooling medicine is part of a complex of practices connected with heat and cold, symbolizing respectively dysphoria and euphoria. The 'earth is hot' (*mavu a fesa*) on the death of the queen and a new cosmic order has to be inaugurated by cooling it in preparation for the new rain-maker.

After the fire rite there follows the divine identification of the successor by the rite of opening the door. The rival claimants, one of whom, chosen by the inner royal council and the deceased queen, has been secretly prepared for his office, pass the hut in which the queen has died. They announce their identity to the spirit of the deceased, lightly touching the door of the hut, which yields to the chosen successor.

In and around the inner secret council where the choice is actually made centre serious tensions, not only between the present ruler and the heir-elect for whose sake and succession she must poison herself, apparently not always willingly, but also between those who depend for their position and prestige upon the patronage of one or the other. The 'chosen' heir always goes to live far away, ostensibly to conceal his or her identity but in reality also owing to a serious conflict with the reigning sovereign.[1]

For the regulation of cosmic forces the queen relies not only on her divinity but also upon the royal rain-medicines and, in the last resort, on the agreement of the royal ancestor spirits. To prevent the weakening of the rain-medicine it must be revitalized by being given the first termites and first-fruits each year, and occasionally parts of a black sheep or, in the old days, a human being.

Rain-charms are liable to weaken (*figchela*) or become defiled (*khuma*) by certain deviations from the normal course of nature unless special precautions are taken. Twins, babies cutting their upper teeth before their lower, women dying in pregnancy, abortions and miscarriages, men dying from *dere*, a deadly coughing disease believed to be contracted by having sex intercourse with a woman who has had a miscarriage or abortion or whose child has died before weaning—all these are deviations which contaminate the earth, causing it to be 'hot', and therefore have to be buried in wet soil or

[1] Males are not debarred from succession; indeed the early rulers were all men. But a definite preference for women rulers seems now to be firmly established.

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of twins, abortions, miscarriages, and women dying in childbirth, or by the cosmic chaos resulting from the death of the chief. 'Hot blood' is one of the commonest causes of illness. *Lesoa* (burning) is primarily a physiological condition of a woman resulting from abortion and it may be transmitted to the man who has intercourse with her, who then contracts the dreaded and fatal *dzrɛ*, a coughing disease considered to be quite different from consumption (*lefiha*). 'Heat' affects the physical potency of medicines and charms, the mental repose of the gods, the mysterious powers of *dithugula*, and the welfare of the whole country. It stirs (*dzusa*) the gods to anger and it activates the criminal propensities of witches.

'Heat' and 'cold', then, are all-important conceptual categories which are brought into relation with the functioning of the physical, mental, and emotional forces in man, in the ancestors, and in nature. Wherever 'heat' is considered to be generated, the proper antidote is the administration of 'cooling' medicines, i.e. substances which have the property of counteracting the heat or soothing the burning. The remedy is to put right what is wrong (*hu logisa*), to secure a return to normal conditions by cooling agencies. If the whole country is in an abnormal condition (*a e loge*, literally, is not right) all the fires must be sprinkled with *mufugo* medicine (*hu fuga* means to blow upon with a cool breeze). Sources of heat to the earth, e.g. twins, abortions, must be buried in wet soil; ancestor spirits aroused by 'heat' (anger) have to be calmed by squirting water (*hu phasa*) on objects once in their possession or over their graves. Cooling medicines likewise counteract that burning of the fingers which constrains witches to do evil, while charms protecting the village against witches are often called *mashɔthɔjɔ* (things causing coolness). In all these cases the active reagent in the medicines is some substance having 'cooling' properties, such as the river stones guarding the entrance to villages or built into shrines of ancestors, the succulent bulbs used in the rite for the removal of the 'dirt' (*khitshila*) of death, the great overhanging fig-trees shading shrines, the green undigested chyme from a sheep or goat's alimentary canal that figures prominently in ritual. Much medical ingenuity goes into the manufacture of powders and decoctions which, owing to their special cooling properties, will counteract heat; and it is not surprising that the Lovedu way of curing malaria is to seek drugs that will drive out the 'heat' by means of profuse perspiration. 'Heat' is most commonly caused by abnormalities associated with the procreation and the actual or threatened destruction of human life—hence the close association of 'heat' with sex, reproduction, and death.

Another malignant force, *muridi* (shadow), is conceived as evil cast by certain conditions. It infects those upon whom it falls, but if they are healthy, the effect upon them is invisible and harmless, though they become carriers who may transmit the contagion to others with whom they come into contact, especially those whose resistance is weak, such as new-born babies and sick people. 'Shadow' thus explains the spread of contagion, not by direct contact but through an intermediate unaffected carrier. *Muridi* is